

Bachelor of Science in Public Health (B.S.P.H.) – Health Promotion

2022-2023 Academic Catalog, Bachelor of Science in Public Health – Health Promotion Concentration

Academic Core for B.S.P.H. 40 Hours

CHRISTIAN STUDIES 6

CSBS 1311	Engaging the Old Testament	3
CSBS 1312	Engaging the New Testament	3

ENGLISH 9

ENGL 1321	Rhetoric & Composition I	3
ENGL 1322	Rhetoric & Composition II	3
ENGL	Literature	3

A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.

EXERCISE & SPORT SCIENCE 2

EXSS 3107	Advanced Cardiovascular Training	1
EXSS 3135	Advanced Resistance Training	1

A grade of "C" or higher is required in both EXSS 3107 and EXSS 3135.

FINE ARTS – SELECT ONE 3

ARTS 1350	Art Appreciation	3
COMM 2335	Film Appreciation	3
FINA 2330	Exploring the Fine Arts	3
MUSI 1340	Music Appreciation	3
THEA 2350	Introduction to the Theatre	3

WORLD CULTURES – SELECT ONE 3

ARTS 2354	World Art	3
EXSS 2353	Lifespan Nutrition	3
HIST 1311	History of World Civilizations to 1500	3
HIST 1312	History of World Civilizations since 1500	3
MUSI 2358	World Music	3
PHIL 2315	Introduction to Philosophy	3

EXSS 2353 is recommended

LAB SCIENCE 4

BIOL 2141	Human Anatomy & Physiology II Lab	1
BIOL 2341	Human Anatomy & Physiology II	3

PUBLIC SPEAKING 3

COMM 1320	Public Speaking	3
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MATHEMATICS 3

MATH 1306	College Algebra	3
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SOCIAL SCIENCE 3

PSYC 1301	General Psychology	3
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US HISTORY OR US GOVERNMENT – SELECT ONE 3

HIST 2311	American History to 1877	3
HIST 2312	American History since 1877	3
POLS 2310	State and Federal Government I	3
POLS 2311	State and Federal Government II	3

POLS 2310 is recommended

FRESHMAN SEMINAR 1

UMHB 1101	Freshman Seminar	1
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CHAPEL – 1 to 4 credits

UMHB 1002	Chapel	
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Fine Arts Experience – 2 to 8 credits

UMHB 1005	Fine Arts Experience	
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B.S.P.H. – Health Promotion Concentration

MAJOR REQUIRED COURSES 36

BSPH 2335	Foundations of Health Sciences	3
BSPH 2350	Foundations of Health Education and Promotion	3
BSPH 2352	Personal Health and Fitness	3
BSPH 3315	Community and Public Health	3
BSPH 3320	Program Planning in Health Education and Promotion	3
BSPH 4310	Theories in Health Behavior	3
BSPH 4340	Health Program Evaluation	3
BSPH 4360	Pathophysiology of Chronic Disease	3
BSPH 4392	Tests and Measurements in EXSS	3
BSPH 4344	Leadership in Health Science	3
BSPH 4350	Internship in Public Health	3
BSPH 4285	Capstone in Public Health	2
BSPH 4191	Seminar in Public Health	1

Grades of "C" or better required in all courses in the Public Health major.

HEALTH PROMOTION CONCENTRATION 20

MATH 2303	Statistics	3
SOCI 3325	Human Diversity	3
BIOL 2340	Human Anatomy & Physiology I	3
BIOL 2140	Human Anatomy & Physiology I Lab	1
BIOL 2380	Microbiology	3
BIOL 2180	Microbiology Lab	1
SOCI 1311	Introduction to Sociology	3
PSYC 2311	Developmental Psychology	3

Recommended support courses:

EXSS 2355, EXSS 3310, EXSS 3354, EXSS 3376, EXSS 3378, EXSS 3395, EXSS 4395

Upper Level Electives 4 Hours
Electives 20 Hours

Total Hours

Academic Core for B.S.P.H.	40
Major Required Courses	36
Health Promotion Concentration	20
Upper Level Electives	4
Electives	20
Total hours required for graduation	120

Additional Graduation Requirements

Minimum Upper Level hours	36
Minimum hours taken at UMHB	30
Minimum Upper Level hours taken at UMHB	24
Minimum cumulative GPA	3.0